

Directions: Take 2 capsules per day after a meal. Servings Per Bottle: 30

Ingredients: Betaine HCL, Pepsin, Capsule Shell: Hydroxy Propyl Methyl Cellulose, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

Nutritional information:	Typical per daily dose
Betaine HCL	1,296mg
Pepsin Providing Pepsin FCC Units	300mg 3 million

Cautions: Food supplements must not replace a varied diet. If you are taking prescribed medication, or have any medical conditions, please consult your doctor before taking food supplements. Do not exceed the recommended intake. Store below 25°C in a dry place, out of sight and reach of children.

Vegetarian/Vegan Status: Suitable for vegetarians.